

Websites

For Continued Education

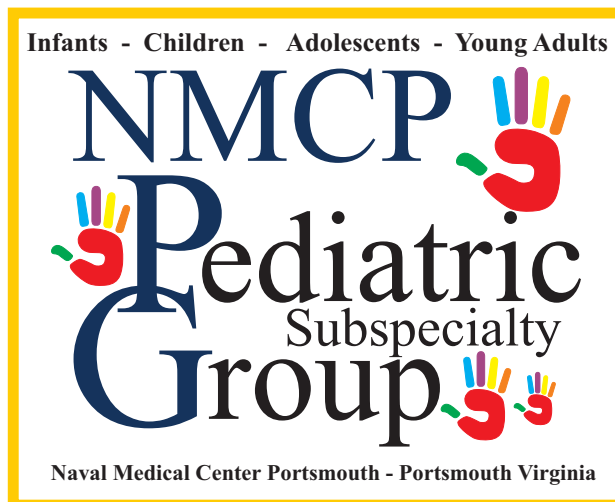
www.diabetes.org

www.jdrf.org

www.childrenwithdiabetes.com

www.barbaradaviscenter.org

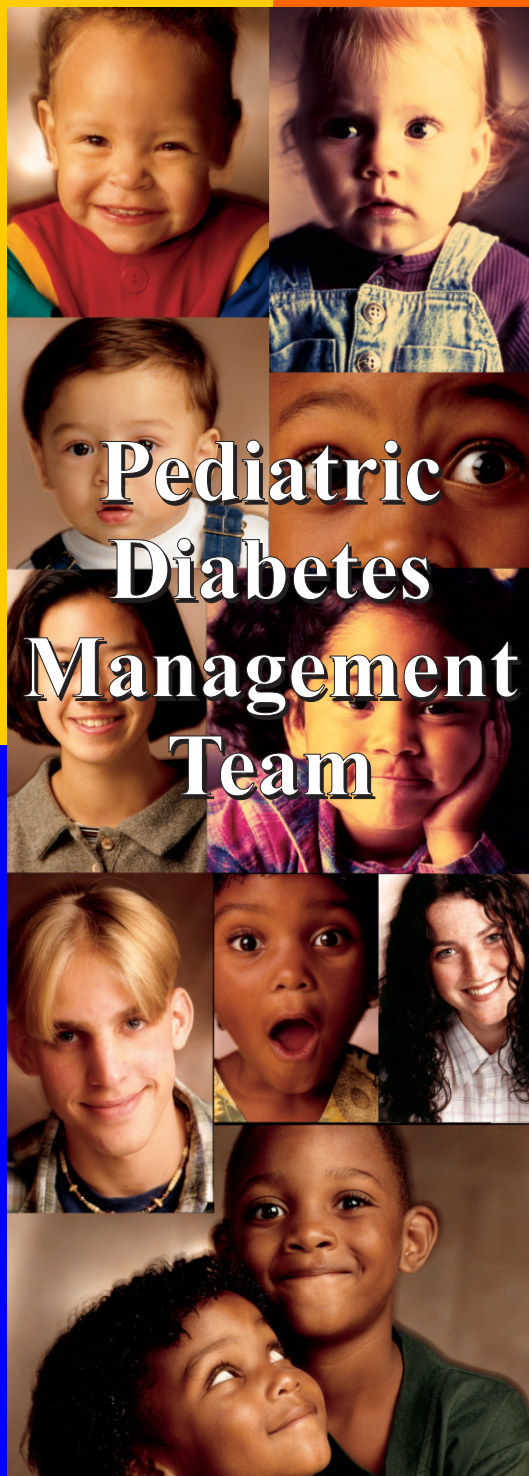
www.childrensdiabetesfdn.org



Pediatric Endocrinology



Charette Health Care Center
Naval Medical Center, Portsmouth
620 John Paul Jones Circle
Portsmouth, Virginia 23708

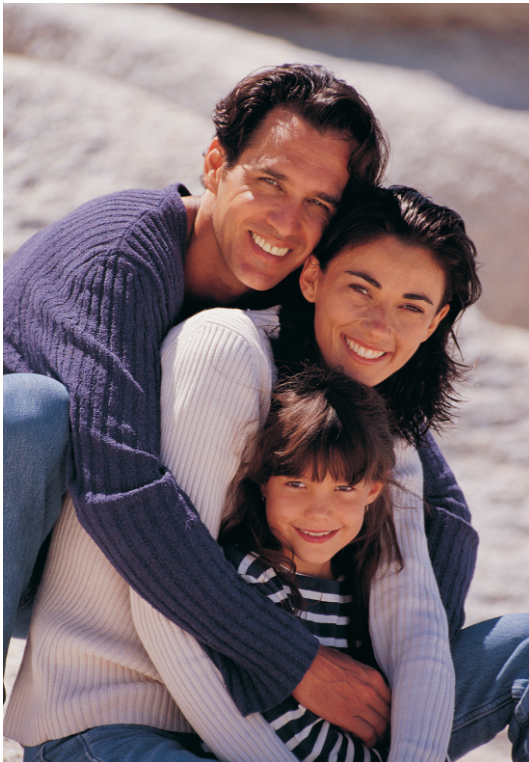


NMCP Diabetes Management Team



We are all part of your Diabetes Management Team. We know you and your

family are adjusting to lots of new information; some of which is pretty scary. Our goal is to design an educational plan with the family that will ensure an adequate diabetes knowledge foundation on which to build.



Your Diabetes Management Team

Dr William Scouten (757) 953-2987
Pediatric Endocrinologist
Dr Kirk Jensen (757) 953-2987
Pediatric Endocrinologist
Dr Mary Watson
Pediatric Endocrinologist
Linda Gottlick RN, CDE (757) 953-2666
Certified Diabetes Educator
Agnes Flores RN (757) 953-2987
Clinic Nurse
Beckuh Leap MA (757) 953-2941
Medical Assistant
Pam Kennedy RD (757) 953-0206
Clinic Dietitian
Michael "Caleb" Steele LCSW (757) 953-5861
Social Worker
Chris Brogan (757) 953-4487
Child Life Specialist



Family Responsibilities

Families must assume responsibility for:

- Consistency in meals, snacks, shots
- Check blood glucose as directed 4-6 times a day; look at your numbers or trends
- Take action and make changes in insulin regimen; call your team for advice
- Ketone checks as needed; always check ketones when sick
- Call for refills at least 3 days before you need them. Call pump supplier when you open your last box of supplies
- Communication with school or work: **MAKE SURE SCHOOL RN HAS SCHOOL PLAN, MEDS, AND SUPPLIES**
- Use emergency pager when needed

(757) 988-5283

FOR MODERATE TO LARGE KETONES

FOR SEVERE HYPOGLYCEMIA REQUIRING GLUCAGON

